

MISSION 

Similar to other animals, we require food and water to survive. Sources of fuel are everywhere, even when we cannot see them. Big bodies of water such as lakes, oceans, rivers and creeks are the most obvious, but water can also be found under rocks and in leaves, roots, stems and clouds. Depending on your diet, you might find food from various plant parts – seeds, roots, leaves, nectar, berries – or from bugs and other wildlife. When we don't fuel ourselves properly, we lose energy. The same is true in Nature Quest. Complete the **“Fueling for Survival Quest”** to identify more sources of fuel.

- Complete the Quest.
- Venture on a hike or play in nature searching for food and water to increase your fuel level.

 **How can the sources of fuel you find be used in your adventures?**

 **What encounters might make you lose a level of fuel?**

## TRACK YOUR PROGRESS




Children  
& Nature  
Network

QUEST 

## HEATING UP &amp; COOLING DOWN WITH FUELS

1

Walk around your space mentally tagging at least 3 locations that are a source of fuel.

2

Use the Activation Cards to jump-start your search for fuels.

3

Team up with another player to play hot/cold in search of your source of fuel. Player 1 will head out in search of Player 2's source of fuel. Player 2 will provide cues to player 1 - "hot" (getting closer to the object) or "cold" (getting farther away from the object). Continue until Player 1 identifies the source of fuel.

4

Repeat the activity trading off who is guessing and who is finding the sources of fuel until all the sources of fuel from the initial search have been identified.